

WHAT TO KNOW ABOUT MPOX

Mpox is a contagious viral infection. Certain people are at a higher risk of severe illness, but most recover fully.

SYMPTOMS

- Skin rash
- Fever
- Chills
- Headache
- Swollen lymph nodes
- Sore throat
- Cough
- Stuffy nose
- Body aches



RISKS

Mpox can spread from an infected person through:

- Close skin-to-skin contact, including sex.
- Contact with saliva, body fluids, or lesions.
- Sharing bedding, towels, clothing, personal care items, or other materials contaminated with the virus.

PREVENTION

- Vaccines are available for people exposed to mpox or at high risk of infection. Two vaccine doses offer the best protection.
- Avoid close contact with people who have mpox or its symptoms.
- Wash your hands often or use hand sanitizer.

THINK YOU MAY HAVE MPOX?

- Call your health care provider right away.
- Avoid contact with others.

nj.gov/health/monkeypox

